



# LOCAL AGING AND DISABILITY ACTION PLAN

The Sonoma County Local Aging and Disability Action Plan (LADAP) is a collective impact plan to promote healthy aging and inclusion for older adults, adults with disabilities, and caregivers in Santa Rosa and Sonoma Valley. Building on the County's Master Plan for Aging, the LADAP centers equity by addressing the needs of underserved groups—such as communities of color, immigrants, refugees, and low-income residents—to reduce disparities and ensure all residents can age with dignity and opportunity.

## THE LOCAL AGING AND DISABILITY ACTION PLAN GOALS INCLUDE:



**Housing Without  
Barriers**



**Aging in Place**



**Age-Friendly  
Communities**



**Connected Mobility**



**Safe Public Transit**



**Welcoming Health  
Systems**



**Equitable Health  
Care Access**



**Centering  
Community Voices**



**Culturally-  
Responsive Services  
and Information**



**Culturally Rooted  
Care**



**Economic Security  
for All**



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Sonoma County LADAP,  
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Human Services  
Department



## GOAL AREA 1: HOUSING



- Advocate for anti-displacement policies that protect underserved older adults and adults with disabilities in Santa Rosa and Sonoma Valley, regardless of immigration status.
- Improve access to culturally-responsive in-home and long-term care that supports aging in place and multigenerational households in underserved communities.
- Foster inclusive, accessible, and supportive communities for underserved older adults and adults with disabilities.

## GOAL AREA 4: WELLNESS, EQUITY, AND INCLUSION



- Develop community leaders, build local capacity, and establish collaborations to ensure planning reflects the needs of underserved older adults and adults with disabilities.
- Support grassroots organizations to provide culturally responsive services in preferred languages.

## GOAL AREA 2: TRANSPORTATION



- Expand and improve rural transportation for underserved older adults and adults with disabilities.
- Enhance mobility, accessibility, and transportation information for underserved communities.
- Address bullying and discrimination on public transit through awareness and training.

## GOAL AREA 5: CAREGIVING



- Expand access to culturally relevant caregiving resources through a directory and community cultural hubs.
- Strengthen the caregiving workforce with fair pay, benefits, and quality standards.

## GOAL AREA 3: HEALTH



- Build trust and improve care with language support, culturally appropriate services, and care navigators.
- Create age-friendly health systems that serve underserved communities.
- Invest in workforce development to diversify healthcare and reduce entry barriers.
- Expand access to affordable care, same-day transportation, and preventive services through community partnerships.
- Develop hospice and palliative care programs for people experiencing homelessness.

## GOAL AREA 6: ECONOMIC SECURITY



- Help underserved older adults and adults with disabilities access benefits and avoid scams and abuse.
- Support older adults in staying employed through training and job services.
- Explore income support programs to enhance economic security.