

Sonoma County Area Agency on Aging PSA 27 Area Plan 2024 – 2028 2025/2026 Plan Update

SONOMA COUNTY HUMAN SERVICES DEPARTMENT
ADULT & AGING DIVISION | MARCH 19, 2025



Acknowledgments

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Sonoma County Board of Supervisors

District 1: Rebecca Hermosillo

District 2: David Rabbitt

District 3: Chris Coursey

District 4: James Gore

District 5: Lynda Hopkins, Chair

Sonoma County Land

The County of Sonoma acknowledges the Coast Miwok, Pomo, and Wappo, the original caretakers of this land, and honors their stewardship and knowledge for millennia.

Sonoma County Aging & Disability Commission

Jenny Helman, Chair

Robin Thompson, Vice-Chair

Deanna Shaat, Secretary

Trayce Beards, Parliamentarian

Diane Spain, Former Chair

Commission Elected:

Rick Baum

Monte Cimino

Suzanne Edwards

Sandra Hoevertsz

Denise Johnson

Emeritus Status:

Don Streeper

Terry Kelley

Christian Nava

Jaime Penaherrera

Alain Serkissian

Priyanka Varma

Erick Larson



Surveys: 1,679
Focus Groups: 14
Stakeholder Interviews: 43

Targeted Populations: low-income housing communities, Rural/Geographically isolated areas, Urban Areas, LGBTQIA+, Spanish-speaking communities, Alzheimer's Disease & Caregivers, People with Disabilities & Caregivers

Area Plan 2024 - 2028 Needs Assessment

Six Area Plan Goals for 2024 - 2028

1. Housing Security for all Ages & Stages
2. Health Reimagined
3. Diversity, Equity, Inclusion and Belonging (DEIB)
4. Caregiving That Works
5. Affording Aging
6. Aging & Disability Commission: Education & Advocacy

FY 25/26 Funding

Funding is made up of:
Older American Act
Older California Act – Mod.
County Funds
Cal Fresh Healthy Living

Service*	Percent of Funding
Nutrition Services	52%
Supportive Services	18%
Health Services	13%
Ombudsman	8%
Caregiver	6%
Elder Justice & Legal	2%
Transportation	1%

*Inclusive of County-Operated and Contracted Services

Goal #1: Housing Security for all Ages & Stages

Objectives	Status
1.1 Development a Plan to Release the Directory	Completed/Revised
1.2 Quarterly Review of the Directory	Completed
1.3 I&A Team will reach 10,000 Adults	On Track to Complete
1.4 Support Aging-In-Place	Completed
1.5 Provide Disaster Preparedness Education Sessions	Completed
1.6 Service Providers provide One-Way Rides	On Track to Complete
1.7 Service Providers provide Aging Better Sonoma County	On Track to Complete
1.8 Service Providers provide Safe Mobility Sessions	On Track to Complete
1.9 Education Series Webinar on Housing	Moved to MPA

Goal #2: Health Reimagined

Objectives	Status
2.1 Adult Day Services	On Track to Complete
2.2 Alzheimer's Day Services	On Track to Complete
1.3 Case Management Services	On Track to Complete
2.4 HICAP Services – Education & Awareness	Completed
2.5 Community Education unique to HIV-Positive Resident	Revising
2.6 Aging & Disability Education Series	Moved to MPA
2.7 Linkages Social Worker embedded in a local FQHC	Completed

Goal #3: Diversity, Equity, Inclusion, & Belonging (DEIB)

Objectives	Status
3.1 Technology Education	Completed
3.2 Service Provider provides Legal Assistance Services	On Track to Complete
3.3 Service Provider provides Elder Abuse Prevention Outreach	On Track to Complete
3.4 Service Provider provides Ombudsman Program	Completed
3.5 Service Provider provides Community Education in Spanish	In Process
3.6 AAA Develop Cultural Competency Tools and Approaches	Not Started Yet
3.7 Service Provider provide Telephone Reassurance	Further Analysis Needed
3.8 Service Provider provides Intergenerational Walking School Bus	On Track to Complete
3.9 AAA Develop a Plan to Convene with Indigenous Elders	Not Completed – Revised for Yr 2
3.10 AAA Convene Leaders and Representatives of the LGBTQIA+	Planned for October 2025
3.11 AAA will Convene an Aging & Disability Education Series Webinar	Moved to the MPA

Goal #4: Caregiving That Works

Objectives	Status
4.1 Service Provider provides Family Caregiver Support Assessments	On Track to Complete
4.2 Service Provider provides Family Caregiver Support: Support Groups	On Track to Complete
4.3 Service Provider provides Family Caregiver support: Training	On Track to Complete
4.4 Service Provider provides Family Caregiver Respite: In-Home Supervision	On Track to Complete
4.5 AAA Will Develop a Partnership with In-Home Support Services – PA	In Progress

Goal #5: Affording Aging

Objectives	Status
5.1 Service Providers provide Home-Delivered Meals	On Track to Complete
5.2 Service Providers provide Congregate Meals	On Track to Complete
5.3 Service Provider provides Meals through the Brown Bag Program	On Track to Exceed
5.4 Service providers provide To-Go Meals	Met Target - Renewed
5.5 Service Provider provides Intergenerational Programs alongside Home-Delivered and Congregate Meals.	Completed

Goal #6: Aging & Disability Commission: Education and Advocacy

Year 1 Objectives	Status
6.1 At least Three Community Presentations (at least one in Spanish)	On Track to Complete
6.2 Facilitate at least Three Focus Groups	On Track to Complete
6.3 Conduct no Fewer than Eight Site Visits with Relevant Service Providers	Completed
6.4 Develop a plan to Attend and Report Back on no less than Six Community Meetings	On Track to Complete
6.5 Invite Representatives of State and County Legislators to Commission Meeting	On Track to Complete
6.6 Invite Representative of Municipal Older Adult bodies to Speak at Commission Meeting	On Track to Complete
6.7 Submit and Attend at least Three Triple-A Council of California (TACC) Meetings	On Track to Complete
6.8 Invite California Senior Legislature Representative to Speak at a Commission Meeting	Completed
6.9 Provide Biannual reports to Sonoma County Board of Supervisors	On Track to Compete

Goal #6: Aging & Disability Commission: Representing the Voice of the Community

Year 2 Objectives - New

6.10 Hold monthly meetings that are open to the general public and invite public comment on aging, disability, and caregiving issues.

6.11 Submit biannual progress reports to the Sonoma County Board of Supervisors on aging, disability, and caregiving needs.

6.12 Study and report on issues related to dignity, independence, and quality of life of Sonoma County's older adults, adults with disabilities, and their caregivers.

6.13 Convene community partners to share information and explore collaboration opportunities related to aging, disability, and caregiving issues.

6.14 Advise Area Agency on Aging staff on the development and administration of the Area Plan.

6.15 Advise Aging & Disability Resource Hub staff and partners on community awareness of and access to long-term services and supports and other resources.

6.16 Plan member development and recruitment activities that strengthen Commission representation and effectiveness.

Adequate Proportions

Minimum Percentages are calculated on the annual Title IIIB baseline allocation, IIIB Administration and Ombudsman funds are excluded from the calculation.

	FY 25/26 AP Minimum Percentage	Actual FY 25/26 Percentage
Access (Transportation, Case Management, I&A)	5%	48%
In-Home Services (Adult Day and Alzheimer's Day)	3%	18%
Legal Assistance	3%	9%

Funding Analysis

Service*	FY 24/25 Percent of Funding	FY 25/26 Percent of Funding
Nutrition Services	52%	45%
Supportive Services	18%	28%
Health Services	13%	14%
Ombudsman	8%	6%
Caregiver	6%	6%
Elder Justice & Legal	2%	2%
Transportation	1%	1%

*Inclusive of County-Operated and Contracted Services

Program Development:

- Aging & Disability Service Directory
- Outreach (Directory, HIV Services, Health, Indigenous Elders, LGBTIA+, Caregiver)

Coordination:

- Outreach for Information & Assistance (I&A)
- Commission Expenses

Program Development and Coordination Budget

Adult & Aging Partner Service Providers



Human Services
Department





SONOMA COUNTY
AREA
AGENCY ON
AGING

Public Comment

Public comment will be limited to three (3) minutes per speaker.