



SONOMA COUNTY MENTAL HEALTH BOARD Minutes of

May 21, 2024

The Hub at 2245 Challenger Way

Santa Rosa, CA



Minutes are posted in draft form and after approval at [www.sonoma-county.org/mhboard](http://www.sonoma-county.org/mhboard)

Email: [dhs-mhb@sonoma-county.org](mailto:dhs-mhb@sonoma-county.org)

**Please Note: A list of commonly used abbreviations and acronyms is attached**

This meeting's Zoom webinar audio recording will also be posted on the Mental Health Board web page as an attachment to these minutes.

**CALL TO ORDER**

Start time – 5:06 p.m.

**ROLL CALL**

**Present:**

Michael Reynolds  
Bob Cobb  
Peterson Pierre  
Connie Petereit  
Brad Katuna (late; went to Finely Center)  
Irene Aguilar (via Zoom)  
Kathleen Miller  
Gregory Fearon

**Absent:**

Denis Candela (was not given enough notice after taking oath of office)  
Michael Johnson  
Vanessa Nava

**PEERS Coalition Representative; SRJC:** Valeria Corona (absent)

**County of Sonoma DHS, Behavioral Health Division:** Jan Cobaleda-Kegler (present, Via Zoom)

**COMMUNITY MEMBERS:**

**In person:** Kathy Smith, Daren Reed, Mary Frances Walsh

**Via Zoom:** Eve Harstad, Suzanne Winters

1) You may submit agenda items for consideration prior to the Executive Committee meeting, normally held on the first Wednesday of each month, 10:30 AM to Noon. Email or call MHB clerk (707) 565-3476, [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) to verify the next meeting date.

2) **APPROVAL OF MINUTES – February, March & April** – Quorum present and approved

### 3) **ANNOUNCEMENTS /PUBLIC INTRODUCTIONS & COMMENTS**

New member, Kathleen Miller questioned the rules in the Brown Act and why the board is not following them with regards to meeting in person and still being able to vote. Michael Reynolds corrected her with the actual rules, which limit Zoom attendance by board members to travel or illness, and limits to two times per year.

Kathleen then stated that she is not comfortable driving on the freeways at night. The MHB application clearly states the following: It is required that board members attend all scheduled meetings in person throughout their term of service. "Applications are signed and acknowledged prior to submittal. If appointed, you agree to attend all scheduled meetings in person as required." Upon appointment, members also receive a copy of the current ByLaws, which cover specifics on attendance as well.

### 4) **CONSUMER AFFAIRS REPORT – Eve Harstad; Wellness & Advocacy Center**

Please see calendar attached at the end of this meeting .

Board Member Gregory Fearon pointed out that when reading the events, there is no way to capture what is actually happening and when. This will be the new process moving forward. Gregory also requested that all future meeting dates are posted for the year.

Board Member Graham Thomas concurred that we really need a hand out or a slide deck be shared.

Mary Frances Walsh with NAMI recommended that we have a hand out or a slide presentation so that all in attendance can view the events.



Consumer Report  
May 21st 2024.pdf

### 5) **MHB CHAIR'S REPORT:**

#### **Board Member Openings by District:**

- (0) Vacancies in District 1
- (1) Vacancy in District 2 (Rabbitt)
- (1) Vacancy in District 3 (Coursey)
- (0) Vacancies in District 4 (Gore)
- (0) Vacancies in District 5 (Hopkins)

If you are interested in serving on the Board, please complete an application at: <https://sonoma-county.granicus.com/boards/w/808bd6e42edf8e0f/boards/36909>

Please direct all questions to the Chair. We are particularly in need of consumers or family members of those that have lived experience.

Vice Chair Michael Reynolds announced that literally a few hours ago, he was offered and accepted a promotion as Peer Division Director at WCCS. This comes literally moments before the formal vote for 2024 Elections was to be held, and therefore, he must withdraw his nomination for Chair. Michael must also resign from the MHB effective May 31, 2024 as his new duties will not permit him time to be a member. He does, however, intend on attending meetings whenever he can, just as an attendee. Huge THANK YOU to Michael for all he has done these past few years.

This announcement changed the course of the Elections portion of the meeting. After a very lengthy discussion, however, the board voted unanimously to elect the following to hold positions effective July 1, 2024:

- Connie Peteriet: Chair
- Graham Thomas: Vice Chair
- Irene Aguilar: CALBHB/C Representative

**MENTAL HEALTH BOARD APPRECIATION:** Presented to Dr. Jan Cobaleda-Aguilar, Director of Behavioral Health, in honor of her two years with the County and all the amazing work she has done.

**SRJC PEER REPORT:** - No report; Valeria not in attendance. Valeria has advised that she will be transferring next quarter and is in her final weeks. Susan will reach out to SRJC in the Fall Semester.

**BEHAVIORAL HEALTH DIRECTOR'S REPORT/BH FISCAL UPDATE/MENTAL HEALTH SYSTEM:** Dr. Jan Cobaleda-Kegler

**SPECIAL PRESENTATION;**

able to give them phone numbers.

**PUBLIC COMMENTS:**

**Meeting adjourned:**

Respectfully submitted by:

Susan Sarfaty

Mental Health Board Secretary

**ABBREVIATIONS & ACRONYMS**

5150	Declared to be a danger to self and/or others
AB3632	Assembly Bill - State-mandated MH services for seriously emotionally disturbed youth - discontinued by State
ACA	Affordable Care Act
ACL	All County Letter
ACT	Assertive Community Treatment (program run by Telecare)
ANSA	Adult Needs and Strengths Assessment – a “tool” for determining which services are needed by each particular adult client
ART	Aggression Replacement Therapy
BHD	Behavioral Health Division (Sonoma County)
CADPAAC	County Alcohol and Drug Program Administrators’ Association of California
CAHPS	Consumer Assessment of Healthcare Providers and Systems
CalEQRO	California External Quality Review Organization
CALMHB/C	California Association of Local Mental Health Boards & Commissions - comprised of representatives from many MHBs in the State
CANS	Child, Adolescent Needs and Strengths (Assessment) – helps determine which services are needed by each child client
CAPE	Crisis Assessment, Prevention, and Education Team; goes into the schools when called to intervene in student mental health matters
CAPSC	Community Action Partnership-Sonoma County
CARE	California Access to Recovery Effort
CBT	Cognitive Behavioral Therapy
CCAN	Corinne Camp Advocacy Network - Peers involved in mental health advocacy
CDC	Sonoma County Community Development Commission

CDSS	California Department of Social Services
CFM	Consumer and Family Member
CFR	Code of Federal Regulations
CFT	Child Family Team
CHD	California Human Development
CHFFA	California Health Facilities Financing Authority
CIP	Community Intervention Program
CIT	Crisis Intervention Training (4-day training for law enforcement, to help them identify and respond to mental health crisis situations)
CMHC	Community Mental Health Centers, Located in Petaluma, Guerneville, Sonoma, and Cloverdale (part of SCBH))
CMHDA	California Mental Health Directors Association
CMHL	SCBH's Community Mental Health Lecture series - open to the public - usually takes place monthly
CMS	Centers for Medicare and Medicaid Services
CMSP	County Medical Services Program - for uninsured, low-income residents of the 35 counties participating in the State program
CONREP	Conditional Release Program (State-funded, SCBH-run, but will be turned over to the State 6/30/14)
CPS	Child Protective Service
CPS (alt)	Consumer Perception Survey (alt)
CRU	Crisis Residential Unit (aka Progress Sonoma-temporary home for clients in crisis, run by Progress Foundation)
CSU	Crisis Stabilization Unit (Sonoma County Behavioral Health's psychiatric emergency services at 2225 Challenge Way, Santa Rosa, CA 95407)
CSAC	California State Association of Counties
CSN	Community Support Network (contract Provider)
CSS	Community Services and Support (part of Mental Health Services Act-MHSA)
CWS	Child Welfare Services
CY	Calendar Year
DAAC	Drug Abuse Alternatives Center
DBT	Dialectical Behavioral Therapy
DHCS	(State) Department of Health Care Services (replaced DMH July 1, 2011)
DHS	Department of Health Services (Sonoma County)
DPI	Department of Program Integrity
DSRIP	Delivery System Reform Incentive Payment
EBP	Evidence-basis Program or Practice
EHR	Electronic Health Record
EMR	Electronic Medical Record
EPSDT	Early and Periodic Screening, Diagnosis and Treatment (Children's Full Scope Medi-Cal to age 21)
EQRO	External Quality Review Organization (annual review of our programs by the State)
FACT	Forensic Assertive Community Treatment
FASST	Family Advocacy Stabilization, Support, and Treatment (kids 8-12)
FQHC	Federally Qualified Health Center
FY	Fiscal Year

HCB	High-Cost Beneficiary
HIE	Health Information Exchange
HIPPA	Health Insurance Portability and Accountability Act
HIS	Health Information System
HITECH	Health Information Technology for Economic and Clinical Health Act
HSD	Human Services Department
HPSA	Health Professional Shortage Area
HRSA	Health Resources and Services Administration
IHT	Integrated Health Team (medical and MH services for adults)
IPU	Inpatient Psychiatric Unit
IRT	Integrated Recovery Team (for those with mental illness + substance use issues)
IMDs	Institutes for Mental Disease (residential facilities for those unable to live on their own)
INN	Innovation (part of MHSA)
IT	Information Technology
JCAHO	Joint Commission on Accreditation of Healthcare Organizations - accredits hospitals & other organizations
LEA	Local Education Agency
LG	Los Guilicos-Juvenile Hall
LGBQQTI	Lesbian/Gay/Bisexual/Queer/Questioning/Transgender/Intersexed (also LGBTQ)
LOS	Length of Stay
LPS	Lanterman Petris Short (Conservatorship)
LSU	Litigation Support Unit
M2M	Mild-to-Moderate
MADF	Main Adult Detention Facility (Jail)
MDT	Multi-Disciplinary Team
MHB	Mental Health Board
MHBG	Mental Health Block Grant
MHFA	Mental Health First Aid
MHP	Mental Health Plan
MHSA	Mental Health Services Act
MHSD	Mental Health Services Division (of DHCS)
MHSIP	Mental Health Statistics Improvement Project
MHST	Mental Health Screening Tool
MHWA	Mental Health Wellness Act (SB 82)
MOU	Memorandum of Understanding
MRT	Moral Reconciliation Therapy
MST	Mobile Support Team - gets called by law enforcement to scenes of mental health crises
NAMI	National Alliance on Mental Illness
NBSPP	North Bay Suicide Prevention Project
NOA	Notice of Action
NP	Nurse Practitioner
OSHPD	Office of Statewide Health Planning and Development - the building department for hospitals and skilled nursing facilities in state
PA	Physician Assistant
PAM	Program Assessment Matrix Work Group

PATH	Projects for Assistance in Transition from Homelessness
PC 1370	Penal Code 1370 (Incompetent to Stand Trial, by virtue of mental illness)
PCP	Primary Care Provider (medical doctor)
PES	Psychiatric Emergency Services – (open 24/7 for psychiatric crises – 2225 Challenger Way, Santa Rosa, CA 95407)
PEI	Prevention and Early Intervention (part of Mental Health Services Act-MHSA)
PHF	Psychiatric Health Facility
PHI	Protected Health Information
PHP	Parker Hill Place - Telecare’s transitional residential program in Santa Rosa
PHP	Partnership Health Plan
PIHP	Prepaid Inpatient Health Plan
PIP	Performance Improvement Project
PM	Performance Measure
PPP	Triple P - Positive Parenting Program
PPSC	Petaluma People Services Center
QA	Quality Assurance
QI	Quality Improvement
QIC	Quality Improvement Committee
QIP	Quality Improvement Policy (meeting)
QIS	Quality Improvement Steering (meeting)
RCC	Redwood Children’s Center
RFP	Request for Proposals (released when new programs are planned and contractors are solicited)
RN	Registered Nurse
RRC	Russian River Counselors
ROI	Release of Information
SAR	Service Authorization Request
SB	Senate Bill
SBIRT	Screening, Brief Intervention, and Referral to Treatment
SCBH	Sonoma County Behavioral Health
SCOE	Sonoma County Office of Education
SDMC	Short-Doyle Medi-Cal
SED	Seriously Emotionally Disturbed
SELPA	Special Education Local Planning Area
SMHS	Specialty Mental Health Services
SMI	Seriously Mentally Ill
SNF (Sniff)	Skilled Nursing Facility
SOP	Safety Organized Practice
SPMI	Serious Persistent Mental Illness (or Seriously Persistently Mentally Ill)
SUDs	Substance Use Disorders Services (formerly AODS)
SWITS	Sonoma Web Infrastructure for Treatment Services
TAY	Transition Age Youth (18-25)
TBS	Therapeutic Behavioral Services
TFC	Therapeutic Foster Care
TSA	Timeliness Self-Assessment
VOMCH	Valley of the Moon Children’s Home

WET	Workforce Education and Training (part of MHSA)
WCCS	West County Community Services
WCHC	West County Health Centers
WPC	Whole Person Care
WRAP	Wellness Recovery Action Plan
WRAP (alt)	Working to Recognize Alternative Possibilities (alt)
Wraparound	Community-based intervention services that emphasize the strengths of the child and family
YS/Y&F	Youth Services/Youth & Family (Sonoma County Behavioral Health)
YSS	Youth Satisfaction Survey
YSS-F	Youth Satisfaction Survey-Family Version