



COUNTY OF SONOMA
MENTAL HEALTH BOARD

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MENTAL HEALTH BOARD MINUTES
Working Retreat

Saturday, June 25th 2022

Howarth Park, Lower Oak 2 – Picnic Area
630 Summer Field Road, Santa Rosa, CA 95407

9:00 AM to Approximately 3:00 PM

1. 9 - 9:15am ARRIVE AND SETTLE IN

2. 9:15 - 11am DISCUSSION – ONBOARDING NEW MHB MEMBERS

- Document Review/Resources Available
- How are new MHB members onboarded in the future?
- Mentorship from existing members to new members?
 - ❖ Emailed handouts were reviewed and discussed. When sending out agendas to MHB members, it was requested that the “Who We Are” document be added to the agenda packet as well as the acronym list and contact list.
 - ❖ Reviewed *Navigating the Currents* document. The board agreed to keep the document in the new member packet although dated it is still beneficial.
 - ❖ Discussed establishing a mentor program for new members. Pair up new members with current or previous district members for training and orientation.
 - ❖ Items to include in the new member packet: Brown Act definition, commonly used acronyms, *Navigating the Currents*, “Who We Are” document, roster of current MHB members

11- 11:15am BREAK